

EastCoaster

The Bulletin of the Rotary Club of East Coast Bays

Tuesday 10 May 2011

Venue: Pupuke Golf Club,
East Coast Road, Mairangi
Bay.
Mondays 5:30 for 6:00 pm.
Secretary: Steve Jenkins
P O Box 35-102 Browns Bay
President: John Pearson
Treasurer: Warwick Moulton
<http://www.rotaryclubofeastcoastbays.co.nz/>



Attendance:

Inge Jenkins

Phone: 478 8467

Email: jenkins@kiwilink.co.

**Theme of the
Month
Environmental**

NEXT MEETING:

16 May 2011

6 for 6.30 pm

**Mike Richards
The Auckland Gang
Show and visit from
Auckland East Rotary
Club**

PEARSON'S PROGRESS

Penultimate Month

Well I seemed to have slid into the Penultimate Month and the finish line is just over the horizon but there are a few things that we still have in store.

Sounds a bit like the marathon (well walk around Lake Pupuke) for this weekend (Sunday the 15th) but it is only 6 K and I think that even I can hobble around. Get a few friends together, make it a good family bonding day and arrive at Smales Farm about midday for the start around 12.30. \$5pp or \$20/family or more as it is a very worthy cause

Robin

Really encouraged to see that Robin is being taken out regularly by our members. Also Robins presentation of all things FROG and KIWI will be on the 23rd which is also Partners night. The last Partners night excluding changeover. !!!!

Sean is looking for 2 host families for our in coming Finnish Student. Having a young IYE student as part of our club is very important and since I have been in the club an IYE student has been a key part. Please contact Sean if you can help

Next Week

Next week we are hosting the Auckland City East Rotary Club and this should be a good night as they will have up to 40 members. Please give them our friendly East Coast Bays welcome

Browns Bay Club

For 3 members of the Browns Bay Club (25% of the Club) to come to our meeting last week was really significant. They really need our support and as we, through John Webb, helped found the Club we need to take their plea for reciprocal support really seriously which I am sure we will. We need to discuss this further with a view to have those that would be prepared to be on a Roster to attend their Club.



Crazy Ladies

Crazy Ladies is just around the corner (May 19) and it is good fun to go out as a group I am looking forward to it

ChangeOver

Yes it is nearly upon us at Brighams on the 27th. Bob and his team will be making further announcements.

That's it from me
John

If you cannot do your duty, it is your responsibility to arrange for a stand-in and to advise the President.

	16th May	23rd May	30th May
DUTY			
Reception	Doris Helm	Sean Harris	Don Hall
Attendance	Inge Jenkins	Inge Jenkins	Inge Jenkins
Cash Desk	Pearl Rollo		
Club Raffle	Paul Asquith	Paul Asquith	Paul Asquith
Fellowship	Jim Mayo Ian Collard Lynette Miller	Jim Mayo Ian Collard Lynette Miller	Jim Mayo Ian Collard Lynette Miller
Stewards	Ted Brock Caroline Campbell Roger Carter	David Charlesworth Stuart Cowie Graeme Lea	Bruce Dunlop Kumar Naik Peter Davidson
Grace	Warren Sanderson	Don Pratt	Graham Rice
3 Minute Talk			Warren Patterson
Intro Speaker	Rod Fergusson	Doris Helm	Bruce Dunlop
Thanks Speaker	Alan Astrop	Bruce Westbrooke	David Aickin
Parting thought	Doris Helm	Jack Mann	Don Hall
Host Student	Lynette Miller	Jane Hunter	Jack Mann
Rotaract			
Guest Speaker	Mike Richards	Club Forum	Foreign Minister
Event	The Auckland Gang Show and visit from Auckland East Rotary Club	Robin Guezennec Presentation	Murray McCully

This week. Return visit of Auckland East Club -- 6.00 for 6.30pm They will arrive by bus soon after 6pm. Drinks , Fellowship, a nice meal followed by our speaker. John and Carol will be watching for mixed tables. We expect a wonderful evening will be had by all.

May 23rd. Partners Evening 6.00 for 6.30 pm.

A nice meal. A quick forum followed by Robin's summary of his stay with us in NZ. Another wonderful evening to look forward to.

Meeting Notes

9 May 2011

Guests: President Robert Schroder and two other members of Browns Bay Rotary.

3 Minute Talk: John Pritchard outlined the view from a bollard on the Mersey to a bollard at Torpedo Bay (Navy Museum) and a good deal in between, by outlining an increasingly diverse and varied career which seems to be rapidly assuming TV star dimensions.

District Change-over will be on 3rd July.

Entertainment Books: Peter Davidson would like to sell every member one for the value price of \$65.00.

Pupuke Lake Walk for Christchurch children. Staggered starts from 12.30pm to 2.30pm from Smales Farm this Sunday 15 May.

Regatta: Graham Rice indicated that the post-Regatta Review had shown that we need to start early to organize a successful Regatta in 2012. The first step is to seek a worthy beneficiary who will meet most of the following criteria.

- 1 Not be government funded.
- 2 Have a presence on the North Shore.
- 3 Not be a high flyer.
- 4 Have national presence (only preferable).
- 5 Deal with youth (not essential).
- 6 Prepared to assist with marketing effort.
- 7 Willing to speak to the Club.
- 8 Willing to provide a dedicated contact person.

Programme: Bob Baird outlined forthcoming activity.

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|---------|---|------------------------|
| 16 May | Auckland East Visit | Note – 6pm for 6.30pm. |
| 23 May | Robin G's presentation – Partners evening | – 6pm for 6.30pm. |
| 30 May | Murray McCully – Speaker | |
| 13 June | Rotaractor Joint Meeting | |
| 20 June | Caroline Campbell – Speaker | |
| 27 June | Change-over – Brigham Creek Restaurant. | |

Browns Bay Rotary Club: President Robert Schroder outlined the difficulties that the Club faces including the difficulty of maintaining membership which now totals only 10 and finding new members and asked if ECB (their sponsor Club) could help. Our Directors will review the situation.

Sergeants Session: Evergreen Sergeant Carol conducted a profitable fun charged fining session with lots of laughs.

Guest speaker. Graeme McCormack from the Brainwave Trust.

Sean introduced Graeme. He started as a lawyer working for Simpson Coates and then became a Human Rights Commissioner eventually becoming a family court judge. He retired in 2005 and has three children and four great-grandchildren.

He started his talk by saying that that nature and nurture work together. A rimu produces a rimu but needs some water and soil. The key to good child health is a relationship. In one year 10 children were killed, 193 hospitalised and a 100,000 referred to see CYFs of which 40,000 required further action. Much of this relates to domestic violence. A pregnant mother needs low stress good diet and no alcohol or drugs. Alcohol use is the leading cause of intellectual disability. The brain has 15% of its connections wired up at birth and is very fragile. Never shake a baby. The brain is designed to be moulded by the environment. At three years the young child has more dense connections than an adult, as they are not used they are pruned away. At birth the brain weighs 350 g reaching 1.2 kg at 3 and 1.4 kg for an adult. The cortex is larger in humans than in other animals. A child surrounded by love will speak it. One that never hears it will never speak it. He gave two examples of young people who had missed out on love at an early age and their resultant troubled lives. He showed slides of a normal brain and a murderer's brain and they were clearly different. At risk children can be identified if the mother is young, lacks affection, is isolated or if there is a change of father figure or harsh erratic discipline or isolation of the child. To fix serious youth offending work needs to be done in the first five years. It is never too late to change the life of the child. Don't wait if you see a child at risk.

George thanked Graeme for his presentation saying that having heard him for the second time there were still things to think about. \$139.90

Parting thought- Jane Hunter.

You should always go the extra mile you will never find it crowded.

Please remember to e-mail any notices or editorial to both Barry and Doug. As always your input is very much appreciated. Any changes to the roster, please contact George Wyman.

