

EastCoaster

The Bulletin of the Rotary Club of East Coast Bays

Tuesday 19 January 2010

Venue: Pupuke Golf Club, East Coast Road, Mairangi Bay.
Mondays 5:30 for 6:00 pm.
Secretary: Steve Jenkins
Phone: 478 8467
P O Box 35-102 Browns Bay
President: Don Hall
Treasurer: Lynette Miller
<http://www.rotaryclubofeastcoastbays.co.nz/>



Attendance:

Inge Jenkins

Phone: 478 8467

Email:

jenkins@kiwilink.co.nz

Theme of the month:
Rotary Awareness

NEXT MEETING:

25th January 2010.

Club Forum

Future Direction.

Please bring papers previously emailed.

5.30pm for 6.00pm

Visitors' welcome.

Bulletins now on web site

From Pres Elect John Pearson

Well it's a big welcome back to all members and friends. It was so good to see so many guests and partners at our first meeting. Everybody looked tanned and relaxed ready for the year ahead.

David Aitken in his 3 minute speech reminder us what Rotary was about with his heartfelt comments on the role of Rotary in relation to the tragedy of Haiti. His talk underlines this month's theme of Rotary Awareness. Steve has given us some links to Rotary International where we can see progress they are making in a very difficult situation

Our past President Carol and Karen Hall treated us all to a most absorbing presentation on their amazing efforts and adventures in conquering the New York Marathon. Congratulation to both of you and in particular your determination to succeed ("Get the medal") was quite inspirational although I don't think I will be signing up this year.

Please remember next week is the Club Visioning Forum being presented by Warren Patterson. This should be a most interesting night
Look forward to seeing you next week

Nicole is eager for Rotarians to invite her over or take her out somewhere . To date only two have done anything. Please remember any family functions that she can enjoy and where you may learn more about America.

Contact for our exchange student Nicole is 0211521216

Raffle prizes are needed for the yacht race. Please bring to Rotary or contact Murray Thoms.

If you cannot do your duty. It is your responsibility to arrange for a stand-in and to advise the President

| DUTY | 25th January | 1st February | 8th February |
|---------------------|---|---|---|
| Reception | John Pearson | | Chris Pascoe |
| Attendance | Inge Jenkins | NO MEETING | Inge Jenkins |
| Cash Desk | | | |
| Fellowship | John Pritchard Warwick Moulton Pearl Rollo | ANNIVERSARY MONDAY | Alan Astrop Dick Daniells Ian Collard |
| Stewards | David Aickin Richard Alder Paul Asquith | 1st February | Peter Davidson David Charlesworth Stuart Cowie |
| Grace | Ted Brock | | Alan Astrop |
| 3 Minute Talk | Bruce Westbrooke | | Murray Thom |
| Into Speaker | Barry McLean | | Jack Mann |
| Thanks Speaker | Sherida Penman- Walters | | Carol Caulfield |
| Parting thought | John Pearson | | Chris Pascoe |
| Host Student | Bruce Dunlop | | Glennis French |
| Rotaract | Beverley Lea | | Graeme Lea |
| Guest Speaker/Event | Club Forum Rotary Club of ECB Future Direction | | Jens Madsen, CEO Ports of Auckland |

Bulletin notes Meeting 18th Jan. 2010

Pres. – Elect John Pearson deputized for Pres. Don who is on holiday.

Attendance was 49 including the following visitors ~

Alistair New, a former member of our Club and more recently a member of the Rotary Club of Jakarta.

Maree O'Connor, guest of Rowena Pryor.

'Mum' Caulfield, guest of daughter Carol.

Rotarian **Trevor Wells & wife Sandi** guests of Alan & Judy Astrop. Trevor gave a brief outline of his 72 strong Port Elizabeth Club in S.Africa and also touched on matters relating to Rugby and Cricket!

Pres. – elect John welcomed the visitors to the meeting.

Club Notices

P/E John confirmed the recent Club donation of \$5,000.00 to the YES Disability Resource Centre – Carabiner Mentoring.

After an enjoyable visit to see NZ and their respective student exchange hosts, **Mats Nordlund** and his wife Laura with family have now returned to their homeland Sweden. Their final home host was **Bill Rayner** – a former member of our Club and now with Devonport Club.

Graham Rice announced the availability of the 2010 Charity Regatta Programme and

registration forms and reassured members that the major sponsorship of Parcel Express is secure.

Ted Brock advised that the GSE Team from the South of France will be visiting our Club area between Sat 10th and Wed 14th April. Volunteer home hosts and drivers for team visits are asked to contact Ted please.

PP Carol has circulated 2010 Conference details to members who have expressed interest in attending and will be pleased to provide information to others.

Raffle won by Rodger Carter.

An interesting and varied **Sergeants session** from Dirk with his usual subtle humour yielded \$116.00. Celebrations included – Graham Lea and Ted Brock birthdays, speeding fine for Richard Alder (on his way to the meeting), no speeding fines – only sergeants – for late-comers Warren P, Stewart, Rod & Ian. Jack Mann paid up for his jersey – worn in sympathy for his UK relies? Inge once more enjoyed her fill of the pork crackling while the golfers (rather a long shot) were fined for philanderer Tiger Woods! Bob Baird was at a loss to know how our visitor Maree knew he was in the profession of Education – until she admitted to simply reading his Rotary Classification from his membership badge! Jane Hunter was considered to have the equivalent of an overnight travel bag for her daily needs.

3 Minute Talk **David Aickin** commented on the recent Haiti earthquake and subsequent support from the rest of the World. Information from the Press was not always clear and somewhat contradictory and he questioned the lack of publicity regarding the involvement of Rotary International. (Secretary Steve has since referred members to www.rotary.org/haiti <<http://www.rotary.org/haiti>> for ongoing information)

Guest Speakers Karen Hall and Carole Caulfield.

Barry McLean welcomed Karen as a visitor and Past president Carol as our speakers. He congratulated them on their achievement and the nearly \$4000 sponsorship money raised.

Karen and Carol started their plan with a New Year's resolution on 1 January 2008 to take part in the 40th New York Marathon in 2009. They spent two years searching for their outfits. 44000 took part with 2 million spectators. They started by reading 'Marathon Running for Mortals'. In 2009 they did two half marathons and did regular long walks never more than 32km(7h30m). They knew they had to speed up if they wanted a medal. Karen's sister Elisabeth from Vancouver was their support crew. A nutritionist recommended nuts to eat and scones for Carol as she reacted to nuts. They made the scones the night before. They also had Gatorade.

Race-day started at 3am and they had to catch the subway to the bus by 6am. Finding the correct entrance and platform provided a big challenge.

They had to be in the waiting area by 7.30 for a 10.30 start. 'The miracle is that you had courage to start not just finish'

They showed us some photos of the race including some strange outfits! They enjoyed the crowd and appreciated the texts and emails received during the race. They found the evil

First Ave about 16 miles into the marathon hard especially as some of the runners were celebrating by then. When they got to 5th Ave and Central park there were more supporters. 'Holy Crap you are finishing the marathon'. At this stage they started overtaking people, which had never happened before.

Carol's only comment after finishing in just over 7 hours was where were the medals. After doing some stretches they had to 'walk' to the Subway to get home. What they learnt –mental toughness, focus, keep going.

[Warren Patterson](#) thanked Karen and Carol for their story and their special achievement.

GROUP STUDY EXCHANGE 2010

Hosts Required. The club will be hosting a GSE team from France from Saturday 10th until Wednesday 14th April 2010. The team comprises two females, including the team leader, and four males. To date we have not received biographies but we know their vocations include Sommelier (Wine Steward), Hotel manager, Wine Marketeer, Business Consultant, Logistics/Shipping Manager and a Steel Manufacturer. The outline programme is to collect them at noon Saturday, Sunday free, visit Tiritiri Island Monday, attend our club meeting and District 9910 welcome Monday evening, Vocation day Tuesday and handover to the Waitakere City club Wednesday morning. We require six members to home host the team for the period that they are with our club. To date we have four members who have agreed to host a team member so we need two more, and preferably one or two standby hosts as well. Please talk to your wife, husband or partner and tell Ted Brock Telephone 473 2229 or Email abadger@xtra.co.nz ASAP if you are prepared to be a host because we must advise District 9910 of hosts' names by 31st January.



Miles Cardale
Cardales
STATIONERY CITY
People who mean business

Albany Mega Centre
Don McKinnon Drive
Albany, Auckland
Phone: 415 - 3060
Fax: 415 - 3061

43 William Pickering Drive
North Harbour, Auckland
Phone: 415 - 6299
Fax: 415 - 6799
Email: miles@cardales.co.nz
www.cardales.co.nz



Young and Caulfield
LAWYERS

Contact us for
LEGAL SERVICE
in the following areas:
· Business · Personal · Property
carel@youngandcaulfield.co.nz
479 5757

Maxwell Building, Cnr Clyde & Araco Rd, Browns Bay



Morgan Taylor Limited
Providing Personal Financial Planning & Investment Advice

Applying the "four way test" to
investment advice.

CFP Gary Morgan DipBS CFP
Ph: 09 4739295



AMP Browns Bay Financial Services

Guy Kerr-Phillips
Financial Advisor

Shop 13
12 Inverness Road Browns Bay
P.O. Box 35543
Browns Bay 0632

Direct Dial: 09 475 6708
Fax: 09 475 6709
Mobile: 021 271 1679

Email: guy_kerr-phillips@amp.co.nz

Representing AMP and other leading companies

"A Disclosure Statement under the Securities Markets Act 1988 relating to Gary Morgan, Director of Morgan Taylor Limited, the financial advisor associated with this advertisement, is available on request and free of charge."

Message from the Bulletin Production team – Gary Morgan and Doug Dempster
Fellows, please remember to e-mail any notices or editorial to both Gary and Doug. As always your input is very much appreciated. Any changes to the roster, please contact George Wyman.